

Your exam is at the following location:

- 1605 Avocado Avenue  
Newport Beach, CA 92660
- 1601 Avocado Avenue  
Newport Beach, CA 92660



Medical Imaging Excellence — Comprehensive Care

Scheduling: (949) 467-3100  
Fax: (949) 720-3944

- Stat Report     Routine
- Phone Results     Report Only
- Report and Copy of Films
- Images on CD-ROM

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male / Female  
 Referring Physician (print): \_\_\_\_\_ Phone: \_\_\_\_\_ FAX: \_\_\_\_\_  
 Clinical History / Diagnosis: \_\_\_\_\_  
 Exam Date: \_\_\_\_\_ Exam Time: \_\_\_\_\_ Comparison to Previous Study: \_\_\_\_\_  
 CC Physician(s): \_\_\_\_\_  
 Physician Signature: \_\_\_\_\_  
 For Contrast Exams: Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BUN: \_\_\_\_\_ Creatinine: \_\_\_\_\_

### Magnetic Resonance Imaging

- W/O Contrast     W & W/O Contrast
- Brain     Brain with Spectroscopy
- Pituitary     Internal Auditory Canals (IAC's)
- Neck (soft tissue)
- Chest     Cardiac
- Shoulder     Left     Right
- Breast     MR Breast Biopsy
- Abdomen     MRCP     Pelvis
- Spine     Cervical     Thoracic     Lumbar
- Knee     Left     Right
- Arthrogram: \_\_\_\_\_
- Upper Extremity: \_\_\_\_\_
- Lower Extremity: \_\_\_\_\_
- Brain Angiography     Carotid Angiography
- Abdominal Angiography     Renal Angiography
- Lower Extremity - Angiography Run-off
- Other: \_\_\_\_\_

### Positron Emission Tomography (PET)

- W/O Contrast     W/ Contrast
- Whole Body PET/CT with Fusion
- Whole Body PET Imaging
- Brain PET/CT with Fusion
- Brain PET Imaging

### Ultrasound / Non-Invasive Vascular Studies

- Ultrasound**
- Abdomen     Pelvic     Pelvic w/ Transvaginal
  - OB     Routine     4D
  - Thyroid     Renal     Testicular
  - Ultrasound Biopsy: \_\_\_\_\_
  - Other: \_\_\_\_\_
- Vascular Studies**
- Carotid
  - Venous Doppler     Lower R L     Upper R L
  - Arterial Doppler     Lower R L     Upper R L
  - Other: \_\_\_\_\_

### Women's Imaging

- Diagnostic Breast Evaluation (Mammogram and/or Ultrasound)
- Diagnostic Mammogram     Unilateral R / L
- Screening Mammogram
- Breast Ultrasound     Ultrasound Guided Breast Biopsy
- Breast MRI     MRI Guided Breast Biopsy
- Stereotactic Breast Biopsy
- Bone Density
- Other: \_\_\_\_\_

### Computerized Tomography (CT)

- W/O Contrast     W/ Contrast
- Head     Neck (Soft Tissue)     Chest
- Abdomen     Pelvis     Spine
- Sinuses     Temporal Bones
- Myelogram: \_\_\_\_\_     Discogram: \_\_\_\_\_
- Upper Extremity: \_\_\_\_\_
- Lower Extremity: \_\_\_\_\_
- Coronary Artery Calcium Scoring
- Virtual Colonoscopy
- CT Angiogram - Head     CT Angiogram - Neck
- CT Angiogram - Abdomen
- Lower Extremity - CT Angiogram (Run-off)
- Other: \_\_\_\_\_

### Nuclear Medicine

- Myocardial Perfusion     Treadmill     Dobutamine Adenosine
- Wall Motion (MUGA)
- Bone Scan
  - Whole Body
  - Limited: \_\_\_\_\_
  - 3 Phase
  - SPECT: \_\_\_\_\_
- Thyroid     Scan Only     Uptake & Scan
- Hepatobiliary Scan
- Liver/Spleen Scan
- Renal Scan     Routine     Diuretic     Ace Inhibitor
- Lung Scan     Ventilation     Perfusion
- Tumor Scan     Gallium     Other: \_\_\_\_\_
- Abscess Scan     Indium     Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Cardiology

- Echocardiogram     Treadmill Stress Test
- Electrocardiogram (EKG)     24 Hour Holter Monitor
- Other: \_\_\_\_\_

### X-Ray / Fluoroscopy

- Routine:
- Chest     Abdomen Series     KUB
  - Sinus     Skull
  - Spine     Cervical     Thoracic     Lumbar
  - Other: \_\_\_\_\_
- Special Procedures:
- Esophgram     Upper GI     Small Bowel     BE
  - Cervical     Thoracic     Lumbar
  - Myelogram: \_\_\_\_\_     Arthrogram \_\_\_\_\_
  - Other: \_\_\_\_\_

## Directions to Newport Diagnostic Center:



### From South County:

5 North to 405 North.  
Exit MacArthur.  
Turn Left and Drive 5.5 Miles  
Right on San Miguel.  
Right on Avocado Avenue.  
Continue Past Stop Sign.  
NDC Will Be on Your Left.

### From North County:

405 South to 73 South.  
Exit MacArthur Blvd.  
Turn Right and Drive 2.3 Miles  
Right on San Miguel.  
Right on Avocado Avenue.  
Continue Past Stop Sign.  
NDC Will Be on Your Left.

### 73 Toll Road:

North 73 Toll.  
Exit Bison & Turn Left.  
Left on MacArthur Blvd.  
Right on San Miguel.  
Right on Avocado Avenue.  
Continue Past Stop Sign.  
NDC Will Be on Your Left.

### From 55 Southbound:

55 South to 73 South.  
Exit MacArthur Blvd.  
Drive 2.3 miles.  
Right on San Miguel.  
Right on Avocado Avenue.  
Continue Past Stop Sign.  
NDC Will Be on Your Left.

### Pacific Coast Highway:

PCH to Avocado Avenue.  
North on Avocado Avenue.  
Continue Past San Miguel.  
Continue Past Stop Sign.  
NDC Will Be on Your Left.

## Patient Preparation For Diagnostic Procedures :

Procedure	Preparation
<b>IVP</b> Intravenous Pyelogram	Follow the 18 hour Fleet Kit #1 preparation instructions, beginning with the noontime instructions. Additionally, drink an extra 16 oz of fluid the morning of your exam. <b>Patients with renal insufficiency:</b> Please call your ordering physician for prep instructions.
<b>UGI</b> Upper Gastrointestinal Series (Also Esophogram & Small Bowel Series)	Do not eat or drink anything (including water) from midnight the night before until your exam the next day. Do not take any medication, smoke, chew gum or eat breath mints the day of your exam. If you brush your teeth, you must rinse out. <b>NOTE:</b> Small Bowel tests (SBFT) can take several hours to complete.
<b>BE</b> Barium Enema	Follow the 24 Fleet Kit # 1 preparation instructions. <b>NOTE:</b> Do not follow the instructions if your diagnosis includes <b>COLITIS</b> or <b>BOWEL OBSTRUCTION</b> , and/or you have <b>RENAL INSUFFICIENCY</b> . <i>Contact your Physician for prep instructions.</i>
<b>CT</b> Brain, Head, Neck, Chest, and Extremities	<b>All Scans:</b> If possible, drink plenty of fluids starting 24 hours before your exam. <b>CT with contrast:</b> NPO (nothing by mouth) 6 hours prior to exam. <b>CT non-contrast:</b> No preparation required.
<b>CT Spine</b> Cervical, Thoracic, Lumbar	No preparation.
<b>CT Abdominal / Pelvis, Kidneys, and Retroperitoneal</b>	NPO (nothing by mouth) 6 hours prior to exam. You may take medications if necessary. Some CT scans (with or without contrast) require you to arrive one hour and 15 minutes prior to the exam to start drinking an <i>oral contrast</i> .
<b>Mammogram or Breast Imaging</b>	Plan to bring your prior mammography films if they were not taken at NDC. No powder, perfumes, lotions or deodorants between your neck and waist the day of the exam. For a variety of reasons, 10% of our patients will require additional mammographic views or a breast ultrasound in order to produce a diagnosis.
<b>Obstetrical and Pelvic Ultrasound</b>	Empty bladder 1 ½ hours prior to the examination time, then start drinking and finish 32 oz of clear liquid one hour before your exam time. <b>DO NOT EMPTY YOUR BLADDER</b>
<b>Abdominal Ultrasound</b>	No solids or dairy products 8 hours prior to your exam. You may drink clear liquids up until the time of your exam.
<b>MRI</b> Magnetic Resonance Imaging	No preparation necessary. <b>PATIENTS WITH PACEMAKERS CANNOT HAVE MRI STUDIES</b>
<b>PET/CT or PET Scan</b> Positron Emission Tomography / Computed Tomography	If possible, drink plenty of fluids beginning 24 hours before your examination. NPO (nothing by mouth) 4 hours before exam. You may take medications with a small amount of water if necessary. This exam is 2 hours in length.