

Your exam is at the following location:

- 1605 Avocado Avenue
Newport Beach, CA 92660
- 1601 Avocado Avenue
Newport Beach, CA 92660



Medical Imaging Excellence — Comprehensive Care

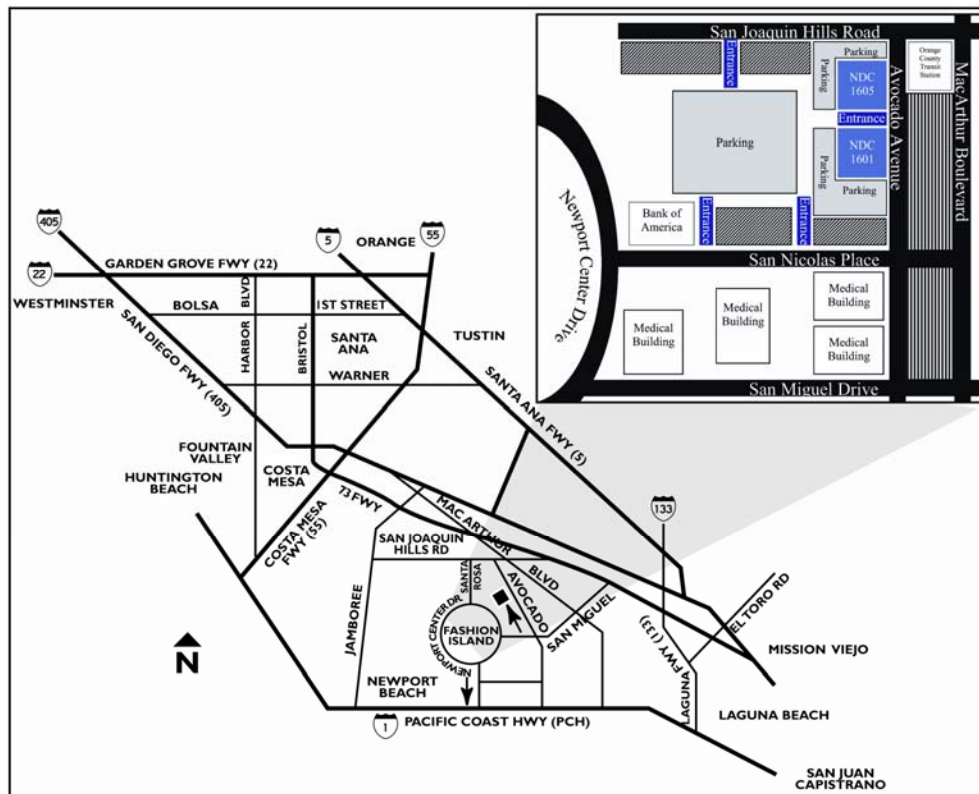
Patient Preparation for Diagnostic Procedures

Procedure	Preparation
IVP Intravenous Pyelogram	Follow the 18 hour Fleet Kit #1 preparation instructions, beginning with the noontime instructions. Additionally, drink an extra 16 oz of fluid the morning of your exam. Patients with renal insufficiency: Please call your ordering physician for prep instructions.
UGI Upper Gastrointestinal Series (Also Esophogram & Small Bowel Series)	Do not eat or drink anything (including water) from midnight the night before until your exam the next day. Do not take any medication, smoke, chew gum or eat breath mints the day of your exam. If you brush your teeth, you must rinse out. NOTE: Small Bowel tests (SBFT) can take several hours to complete.
BE Barium Enema	Follow the 24 Fleet Kit # 1 preparation instructions. NOTE: Do not follow the instructions if your diagnosis includes COLITIS or BOWEL OBSTRUCTION , and/or you have RENAL INSUFFICIENCY . <i>Contact your Physician for prep instructions.</i>
CT Brain, Head, Neck, Chest, and Extremities	All Scans: If possible, drink plenty of fluids starting 24 hours before your exam. CT with contrast: NPO (nothing by mouth) 6 hours prior to exam. CT non-contrast: No preparation required.
CT Spine Cervical, Thoracic, Lumbar	No preparation.
CT Abdominal / Pelvis, Kidneys, and Retroperitoneal	NPO (nothing by mouth) 6 hours prior to exam. You may take medications if necessary. Some CT scans (with or without contrast) require you to arrive one hour and 15 minutes prior to the exam to start drinking an <i>oral contrast</i> .
Mammogram or Breast Imaging	Plan to bring your prior mammography films if they were not taken at NDC. No powder, perfumes, lotions or deodorants between your neck and waist the day of the exam. For a variety of reasons, 10% of our patients will require additional mammographic views or a breast ultrasound in order to produce a diagnosis.
Obstetrical and Pelvic Ultrasound	Empty bladder 1 ½ hours prior to the examination time, then start drinking and finish 32 oz of clear liquid one hour before your exam time. DO NOT EMPTY YOUR BLADDER
Abdominal Ultrasound	No solids or dairy products 8 hours prior to your exam. You may drink clear liquids up until the time of your exam.
MRI Magnetic Resonance Imaging	No preparation necessary. PATIENTS WITH PACEMAKERS CANNOT HAVE MRI STUDIES
PET/CT or PET Scan Positron Emission Tomography / Computed Tomography	If possible, drink plenty of fluids beginning 24 hours before your examination. NPO (nothing by mouth) 4 hours before exam. You may take medications with a small amount of water if necessary. This exam is 2 hours in length.

Phone: (949) 760-3025 / Fax: (949) 720-3944
www.newportdiagnosticcenter.com

Directions to Newport Diagnostic Center:

- 1. Anaheim / Orange**
55 Freeway South to 73 Freeway South.
Exit MacArthur Blvd.
Turn Right and drive for 3-4 miles.
Right on San Miguel.
Right on Avocado, continue past stop sign.
Go straight and take the first left into the parking lot.
- 2. Laguna Beach / San Juan Capistrano:**
North on PCH and continue past MacArthur.
Right on Avocado
Continue through three lights to the stop sign.
Go straight and take the first left into the parking lot.
- 3. Mission Viejo / Laguna Hills / Lake Forest**
405 North.
Exit MacArthur Blvd.
Turn Left and drive for 3-4 miles.
Right on San Miguel.
Right on Avocado, continue past stop sign.
Go straight and take the first left into the parking lot.
- 4. Huntington Beach**
South on PCH and continue past Jamboree.
Left on Avocado.
Continue through three lights to the stop sign.
Go straight and take the first left into the parking lot.
- 5. Fountain Valley**
405 South.
Exit MacArthur Blvd.
Turn right and drive for 3-4 miles.
Right on San Miguel.
Right on Avocado, continue past stop sign.
Go straight and take the first left into the parking lot.
- 6. 73 Toll Road from South County**
North on 73 Toll Road.
Exit Bonita Canyon Road and turn left.
Left on MacArthur.
Right on San Miguel.
Right on Avocado, continue past stop sign.
Go straight and take the first left into the parking lot.



PLEASE BRING THIS FORM WITH YOU

- To expedite your final report, please bring any x-rays and/or reports with you.
- If your scheduled test requires advance preparation, please call NDC to obtain instructions.
- Please bring your insurance card and a completed insurance form if you would like us to bill your plan for this procedure. You will need to notify our office in advance if your plan requires authorization or pre-approval.