

Your exam is at the following location:

- 1605 Avocado Avenue
Newport Beach, CA 92660
- 1601 Avocado Avenue
Newport Beach, CA 92660



Medical Imaging Excellence — Comprehensive Care

Scheduling: (949) 467-3100
Fax: (949) 720-3944

- Stat Report Routine
- Phone Results Report Only
- Report and Copy of Films
- Images on CD-ROM

Patient Name: _____ Date of Birth: _____ Male / Female
 Referring Physician (print): _____ Phone: _____ FAX: _____
 Clinical History / Diagnosis: _____
 Exam Date: _____ Exam Time: _____ Comparison to Previous Study: _____
 CC Physician(s): _____
 Physician Signature: _____
 For Contrast Exams: Age: _____ Height: _____ Weight: _____ BUN: _____ Creatinine: _____

Magnetic Resonance Imaging

- W/O Contrast W & W/O Contrast
- Brain Brain with Spectroscopy
- Pituitary Internal Auditory Canals (IAC's)
- Neck (soft tissue)
- Chest Cardiac
- Shoulder Left Right
- Breast MR Breast Biopsy
- Abdomen MRCP Pelvis
- Spine Cervical Thoracic Lumbar
- Knee Left Right
- Arthrogram: _____
- Upper Extremity: _____
- Lower Extremity: _____
- Brain Angiography Carotid Angiography
- Abdominal Angiography Renal Angiography
- Lower Extremity - Angiography Run-off
- Other: _____

Positron Emission Tomography (PET)

- W/O Contrast W/ Contrast
- Whole Body PET/CT with Fusion
- Whole Body PET Imaging
- Brain PET/CT with Fusion
- Brain PET Imaging

Ultrasound / Non-Invasive Vascular Studies

- Ultrasound**
- Abdomen Pelvic Pelvic w/ Transvaginal
 - OB Routine 4D
 - Thyroid Renal Testicular
 - Ultrasound Biopsy: _____
 - Other: _____
- Vascular Studies**
- Carotid
 - Venous Doppler Lower R L Upper R L
 - Arterial Doppler Lower R L Upper R L
 - Other: _____

Women's Imaging

- Diagnostic Breast Evaluation (Mammogram and/or Ultrasound)
- Diagnostic Mammogram Unilateral R / L
- Screening Mammogram
- Breast Ultrasound Ultrasound Guided Breast Biopsy
- Breast MRI MRI Guided Breast Biopsy
- Stereotactic Breast Biopsy
- Bone Density
- Other: _____

Computerized Tomography (CT)

- W/O Contrast W/ Contrast
- Head Neck (Soft Tissue) Chest
- Abdomen Pelvis Spine
- Sinuses Temporal Bones
- Myelogram: _____ Discogram: _____
- Upper Extremity: _____
- Lower Extremity: _____
- Coronary Artery Calcium Scoring
- Virtual Colonoscopy
- CT Angiogram - Head CT Angiogram - Neck
- CT Angiogram - Abdomen
- Lower Extremity - CT Angiogram (Run-off)
- Other: _____

Nuclear Medicine

- Myocardial Perfusion Treadmill Dobutamine Adenosine
- Wall Motion (MUGA)
- Bone Scan
 - Whole Body
 - Limited: _____
 - 3 Phase
 - SPECT: _____
- Thyroid Scan Only Uptake & Scan
- Hepatobiliary Scan
- Liver/Spleen Scan
- Renal Scan Routine Diuretic Ace Inhibitor
- Lung Scan Ventilation Perfusion
- Tumor Scan Gallium Other: _____
- Abscess Scan Indium Other: _____
- Other: _____

Cardiology

- Echocardiogram Treadmill Stress Test
- Electrocardiogram (EKG) 24 Hour Holter Monitor
- Other: _____

X-Ray / Fluoroscopy

- Routine:
- Chest Abdomen Series KUB
 - Sinus Skull
 - Spine Cervical Thoracic Lumbar
 - Other: _____
- Special Procedures:
- Esophgram Upper GI Small Bowel BE
 - Cervical Thoracic Lumbar
 - Myelogram: _____ Arthrogram _____
 - Other: _____

Directions to Newport Diagnostic Center:



From South County:

5 North to 405 North.
Exit MacArthur.
Turn Left and Drive 5.5 Miles
Right on San Miguel.
Right on Avocado Avenue.
Continue Past Stop Sign.
NDC Will Be on Your Left.

From North County:

405 South to 73 South.
Exit MacArthur Blvd.
Turn Right and Drive 2.3 Miles
Right on San Miguel.
Right on Avocado Avenue.
Continue Past Stop Sign.
NDC Will Be on Your Left.

73 Toll Road:

North 73 Toll.
Exit Bison & Turn Left.
Left on MacArthur Blvd.
Right on San Miguel.
Right on Avocado Avenue.
Continue Past Stop Sign.
NDC Will Be on Your Left.

From 55 Southbound:

55 South to 73 South.
Exit MacArthur Blvd.
Drive 2.3 miles.
Right on San Miguel.
Right on Avocado Avenue.
Continue Past Stop Sign.
NDC Will Be on Your Left.

Pacific Coast Highway:

PCH to Avocado Avenue.
North on Avocado Avenue.
Continue Past San Miguel.
Continue Past Stop Sign.
NDC Will Be on Your Left.

Patient Preparation For Diagnostic Procedures :

Procedure	Preparation
IVP Intravenous Pyelogram	Follow the 18 hour Fleet Kit #1 preparation instructions, beginning with the noontime instructions. Additionally, drink an extra 16 oz of fluid the morning of your exam. Patients with renal insufficiency: Please call your ordering physician for prep instructions.
UGI Upper Gastrointestinal Series (Also Esophogram & Small Bowel Series)	Do not eat or drink anything (including water) from midnight the night before until your exam the next day. Do not take any medication, smoke, chew gum or eat breath mints the day of your exam. If you brush your teeth, you must rinse out. NOTE: Small Bowel tests (SBFT) can take several hours to complete.
BE Barium Enema	Follow the 24 Fleet Kit # 1 preparation instructions. NOTE: Do not follow the instructions if your diagnosis includes COLITIS or BOWEL OBSTRUCTION , and/or you have RENAL INSUFFICIENCY . <i>Contact your Physician for prep instructions.</i>
CT Brain, Head, Neck, Chest, and Extremities	All Scans: If possible, drink plenty of fluids starting 24 hours before your exam. CT with contrast: NPO (nothing by mouth) 6 hours prior to exam. CT non-contrast: No preparation required.
CT Spine Cervical, Thoracic, Lumbar	No preparation.
CT Abdominal / Pelvis, Kidneys, and Retroperitoneal	NPO (nothing by mouth) 6 hours prior to exam. You may take medications if necessary. Some CT scans (with or without contrast) require you to arrive one hour and 15 minutes prior to the exam to start drinking an <i>oral contrast</i> .
Mammogram or Breast Imaging	Plan to bring your prior mammography films if they were not taken at NDC. No powder, perfumes, lotions or deodorants between your neck and waist the day of the exam. For a variety of reasons, 10% of our patients will require additional mammographic views or a breast ultrasound in order to produce a diagnosis.
Obstetrical and Pelvic Ultrasound	Empty bladder 1 ½ hours prior to the examination time, then start drinking and finish 32 oz of clear liquid one hour before your exam time. DO NOT EMPTY YOUR BLADDER
Abdominal Ultrasound	No solids or dairy products 8 hours prior to your exam. You may drink clear liquids up until the time of your exam.
MRI Magnetic Resonance Imaging	No preparation necessary. PATIENTS WITH PACEMAKERS CANNOT HAVE MRI STUDIES
PET/CT or PET Scan Positron Emission Tomography / Computed Tomography	If possible, drink plenty of fluids beginning 24 hours before your examination. NPO (nothing by mouth) 4 hours before exam. You may take medications with a small amount of water if necessary. This exam is 2 hours in length.